

Resources for Elderly and Community  
Nurturing Communities Network Virtual Roundtable  
March 24, 2021

["Seven Radical Elders: How Refugees from a Civil-Rights-Era Storefront Church Energized the Christian Community Movement, An Oral History,"](#) ed. David Janzen, a collection of oral history and reflection on seven elders who have been members of Reba Place and lived lives of radical discipleship through the decades. Here is a [review of the book](#) on the NCN website.

["Being Mortal: Medicine and What Matters in the End,"](#), Atul Gawande. How to accompany loved ones at the end of life in their interactions with medical professionals.

Five wishes or five questions for elderly at the end of life. There are many variations of this online. A couple of examples:

- [Five Wishes - a living will document](#)
- [Five Questions based on Atul Gawande's book.](#)

Some Resources from the Bruderhof

["What happens when someone dies,"](#) a video about Bruderhof practices after a death

[Rich in Years: Finding Peace and Purpose in a Long Life](#), Johann Christoph Arnold

[Be Not Afraid: Overcoming the Fear of Death](#), Johann Christoph Arnold / Foreword by Madeleine L'Engle. Free download available.

[Old Age is a Gift, Not a Disease](#), an article by Johann Christoph Arnold