

From Lyda Jackson- Jesus People USA to Everyone: 08:01 PM

I have an adult son raised in community with debilitating mental illness.

From Nate Pequette to Everyone: 08:01 PM

Welcome everyone!

From Claire to Everyone: 08:02 PM

I am Claire House (Howard) and I love community and currently serve with seeds wilderness therapy in Colorado and am hosting some of the staff so are experimenting on what that will look like long term. Many members have struggled with different mental health challenges

From Nate Pequette to Everyone: 08:03 PM

If you could introduce yourself and let us know where you are from and if and what community you are a part of and what interest you have in this topic! You can do that in the chat!

From Tim Hochstetler to Everyone: 08:03 PM

Tim Hochstetler from Koinonia/Bruderhof interested in how families can support those with mental illness

From samdurgin to Everyone: 08:04 PM

Hi, I'm Sam from the Woodcrest Community. I've had personal family experience with this issue; wondering what others have experienced.

From Luke Mast to Everyone: 08:04 PM

Luke Mast here. From Goshen, IN. Here to listen and learn.

From Sarah Dunham to Everyone: 08:04 PM

Jared and Sarah Dunham and Elizabeth Hussey from Jubilee Partners.

From Beth H to Everyone: 08:05 PM

Beth Hunt, part of a forming community in Fresno, CA. Our community is interested in how best to care for each other and mental health needs within and outside of the community.

From Renata Browne to Everyone: 08:05 PM

Renata here from Church of the Sojourners! I've experienced mental health challenges while living in community. I'm here to share a little of my experience and answer questions

From Sarah Dunham to Everyone: 08:05 PM

Jared and Sarah Dunham are interested in being part of a community that is sustainably farming and hosting folks in recovery. excited to learn and connect with others

From Toby Mommsen to Everyone: 08:07 PM

Toby at Platte Clove Bruderhof. Eager to hear and learn about this topic which probably all of us in communities have experienced; we surely do here.

From Melinda Melone to Everyone: 08:08 PM

I live at Church of the Sojourners, too, and also live with PTSD and a dissociative disorder.

From Nate Pequette to Everyone: 08:10 PM

Welcome everyone! IF you are just coming in, feel free and introduce yourself on the chat of who you are and where you are from and what interest you have in the topic! Welcome!

From DWCC to Everyone: 08:12 PM

Bob Cameron from the Downtown Windsor Community Collaborative. One recent ministry is an outpatient 90 day program for recovery from complex trauma which significantly affects mental health of so many of our neighbours

From Lyda Jackson- Jesus People USA to Everyone: 08:13 PM

Lyda Jackson from Jesus People USA. I have family members both in community and outside of the community with mental illness.

From Nate Pequette to Everyone: 08:15 PM

Welcome! Good to have you all with us! IF you are just coming in, feel free and introduce yourself on the chat of who you are and where you are from and what interest you have in the topic! Finding Jesus in the Storm-The Spiritual Lives of Christians with Mental Health Challenges- John Swinton

From Tim Otto to Everyone: 08:34 PM

Any specific questions for Nate or Renata?

From Christina Chiu to Everyone: 08:35 PM

Hello all, Sorry I came in late. my name is Christina from Vancouver BC

From Renata Browne to Everyone: 08:36 PM

One book that was helpful for me on DBT: https://www.thriftbooks.com/w/the-dialectical-behavior-therapy-workbook-practical-dbt-exercises-for-learning-mindfulness-interpersonal-effectiveness-emotion-regulation-and-distress-tolerance_matthew-mckay_jeffrey-brantley/248573/item/34550019/?mkwid=7MdyfP12%7cdc&pclid=11558858575&pkw=&pmt=be&slid=&product=34550019&plc=&pgrid=3970769649&ptaid=pla-1101002864412&utm_source=bing&utm_medium=cpc&utm_campaign=Bing+S hopping+%7c+Science+&+Math&utm_term=&utm_content=7MdyfP12%7cdc%7cpclid%7c11558858575%7cpkw%7c%7cpmt%7cbe%7cproduct%7c34550019%7cslid%7c%7cpgrid%7c3970769649%7cptaid%7cpla-1101002864412%7c&msclkid=493312931b6e1732d47d72e498a085aa#idiq=34550019&edition=21490552

From Christina Chiu to Everyone: 08:36 PM

How do you help communities to get over fear or assumptions?

From Renata Browne to Everyone: 08:36 PM

This is a DBT podcast that I like: <https://theskillfullpodcast.libsyn.com/2019>

From Christina Chiu to Everyone: 08:37 PM

of certain mental illness labels or thinking the worst episodes are how a person always is and how do we rebuild trust on both dudes?

From DWCC to Everyone: 08:37 PM

When folks with mental health challenges are a significant part of the community, how does leadership self care?

From Christina Chiu to Everyone: 08:37 PM

*sides

From Me to Stefan Andre Waligur: (Privately) 08:48 PM

Hello Stefan! i'm so happy to see you here tonight. Hoping we can meet one day before too long... in Loisa, VA? Toby Mommsen at Platte Clove Bruderhof, upstate NY My wife and I spent some days in central VA last month, and had wonderful visits with community friends there.

From Eric Carlberg to Everyone: 08:50 PM

I didn't realize that counselors would be controversial. Could you say more about that?

From DWCC to Everyone: 08:51 PM

Thank you, peace for the evening.